



Cathal Brugha
Swimming & Water Polo Club

CATHAL BRUGHA BULLETIN

We are delighted with the fundraising efforts of everyone involved in the recent abseil at Europa Hotel, we expect to exceed our target sponsorship and all monies raised will go directly to benefit the club and its players. Well done everyone!

Paper copies of this Bulletin are being distributed at Falls this week – future copies will only be available on the blog section of the website or on social media & team Whatsapp groups.

Chairman's Corner

Another busy and successful month has passed by as we look forward to more exciting times in the upcoming weeks.

Our Annual Dinner and Prize Presentations in the Beechlawn Hotel was very well received and special thanks go to Lisa and Brenda for the smooth and efficient organisation of an extremely enjoyable evening.

Another social and fund-raising event which was taken on by a big cross section of the club was the Abseiling down the front of the Europa Hotel. Parents, players and supporters all took part and we are hopeful of realising some funds for the club. It is still not too late to make a donation. Once again Lisa and Brenda were to the fore in this adventure.

On the playing side our U.16 girls team continues to amaze. In the final of the Annual Bridgestone sponsored event they came back from 7-4 in arrears against Diamonds going into the last quarter to score four unanswered goals in an 8-7 thriller.

Our Men's team have made a decent start to the new season with two wins and a draw in their opening three games. Coach Conor Campfield has been very adventurous in his promotion of young talent. Yaseen Akhonzada, Noel McGuigan, Jake Cochrane, Adam Cushley, Conor McKee and Eoin Donnelly have all had a spell of pool time and managed a few goals between them.

Fourteen from our U15 and U17 boys and girls teams have been selected to play for their respective Ulster teams that play against Leinster, Connacht and a Scotland selection at the Aurora in Bangor on 2&3 November. Why not go along and watch and support the players. The programme of matches is available on our web site.

Gerry O'Neill

Annual Awards

Congratulations to the following players who were awarded Player of the Year at our recent annual dinner:

Div 1 Men – Matt Hanna

Div 1 Women – Irene Tenchini

Div 2 Men – Adam Cushley

U19 boys – Yaseen Akhonzada

U19 girls – Kathryn Marron & Lauren Fegan

U17 boys – Noel McGuigan

U17 girls – Abaigh Gribben

U15 boys – Eoin Donnelly

U15 Girls – Niamh O'Connor

Ulster Teams named

Congratulations to those U15 and U17 members who have been named on the Ulster Water Polo teams.

U15 Boys - Eoin Donnelly, Ciaran McGuigan & Nick Whelan.

U15 Girls - Tegan McGurk, Niamh O'Connor, Cara O'Kane & Eva Ramsey.

U17 Boys - Fionntan Hill, Noel McGuigan & Conor McKee.

U17 Girls - Abaigh Gribben, Maria McGuigan, Siun McGurk, Ciara McKee.

Junior Committee applications

Applications to be a member of the Junior Committee will close on 10 November. This is your chance to get involved in the development of the club, gain experience & skills that will make your CV and job applications stand out and give something back to the club. Simply email info@cathalbrughawaterpolo.com to receive an application form.

Club gear

If you want to order a new Brugha **swimsuit or togs** for Christmas, please contact Wally on 07778 704229 no later than Friday 2nd November. Girls swimsuits are £39 and boys' togs are £25.

Anyone wanting to order **other club gear**, e.g. t-shirts, bags, tracksuits, hoodies etc for Christmas must place their order by the end of October – you can order these directly from the club website.

Masters Swimming Records

Congratulations to Gerry Flynn who set a new Ulster provincial record (to be ratified) for Cathal Brugha in the 50M breaststroke at the Dublin Masters Sprint Gala 2018. Gerry won four gold medals and two silver at this event in Tallaght Community Sports Complex.

As Gerry has broken 27 Ulster Master's records in the 70 - 74 age group this year, maybe other Club members would be interested in trying Master Swimming out?

Masters start at age 18 and continue in blocks of 5 years and is open to both genders. Please email info@cathalbrughawaterpolo.com if you would like to receive the event calendar.

Bridgestone Tournament Winners

A massive well done to our U15 girls & their coaches who won the annual Bridgestone Tournament. It was an excellent team performance all weekend, particularly to come from behind in the final against Diamonds and win 8-7.



Halloween Sport Camp

We are delighted to have received funding from Belfast City Council to run a series of FREE taster sessions for prospective new players to try water polo. The sessions will run on Friday 2nd and Friday 9th November and while there is no age limit, we are particularly keen to attract new boys and girls in the 12-14 age group and girls aged 15-18.

We would hope to get an influx of participants into the club to help us continue to develop our teams, club and the sport. The aim is to provide an opportunity for children to become involved in a team sport that provides lifelong association for all ages, gender and abilities.

So, why not bring a friend or relative to try out water polo for free? Maybe they already play a sport and want to try something new, or they need another sport for GCSE, or they just want to get involved in a team sport for the first time. Keep an eye on our Facebook page for more details.

Upcoming fixtures

Details of upcoming fixtures are available on <http://www.waterpolo.ie/national-league-fixtures-results.html> Please note there have been a number of changes made to previously published schedules. Coaches should check the website regularly to be kept up to date.